

**APPENDIX 1A
TREATMENT CRITERIA FOR
AODA DAY TREATMENT PROGRAM (ADULT)**

**SEVERITY OF ILLNESS
ADMISSION TO TREATMENT PROGRAM**

ONE indicator from categories 1, 4, 5, and 6 and two indicators from categories 2 and 3.

1. Loss of control or relapse crisis (at least one):
 - a. At time of admission imminent chemical use is likely without close monitoring and structured support; or
 - b. Recipient has a documented failure to maintain abstinence with lower level of care; or
 - c. Relapse would result in grave physical or personal harm to recipient.
2. Physical conditions or complications:
 - a. Recipient's physical condition will benefit from AODA day treatment; and
 - b. One of the following:
 - Recipient's physical condition is stable; or
 - Recipient has physical problems sufficiently severe to trigger addictive behavior and thus requires AODA day treatment (e.g., chronic pain creating the urge to seek addictive drugs).
3. Psychiatric conditions or complications:
 - a. Recipient's psychiatric state will benefit from AODA day treatment; and
 - b. One of the following:
 - Recipient's psychiatric state is stable; or
 - Recipient has psychological stressors sufficiently severe to result in use of chemicals if s/he does not receive treatment within the structure of a day treatment program (e.g., depression, unresolved grief, physical or sexual abuse).
4. Recovery environment (at least one):
 - a. Recipient's family environment or living situation is stable enough to permit benefit from day treatment; or
 - b. Family members and/or significant others are unsupportive of recovery goals. Recipient's focus on recovery is enhanced by leaving the home environment during the day, but s/he may return home because there is no active opposition by family to the recovery effort; or
 - c. Instability of the recipient's living environment due to substance abuse may be remedied with AODA day treatment (e.g., threatened divorce).

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(continued)

5. Life areas impairment (at least one):
 - a. Recipient's chemical abuse results in significant behavioral deterioration (e.g., abuse of significant other, dishonesty, criminal charges); or
 - b. Recipient's chemical abuse results in severe social dysfunction (e.g., breakdown of important personal relationships, financial irresponsibility); or
 - c. Recipient's chemical abuse results in substantial loss of vocational or educational performance (e.g., significant absenteeism, occupational difficulties, school suspension).
6. Treatment acceptance/resistance (at least one):
 - a. Recipient lacks sufficient understanding of the addiction disease process to undertake her/his own recovery and is willing to undergo AODA day treatment; or
 - b. Recipient lacks sufficient personal responsibility for recovery to comply with a treatment program at a lower level of care and is willing to undergo AODA day treatment.